

THIS IS OUR **FREEDOM** *Weekly Report*



**HONOR
EXCELLENCE
TRADITION**





DANCING THE NIGHT AWAY





**HONOR
EXCELLENCE
TRADITION**

F R E E D O M H I G H S C H O O L

COMMUNITY CORNER

FREEDOM FRIENDS ENROLLING: LIMITED SPACES AVAILABLE

Freedom Friends
AT
FREEDOM HIGH SCHOOL

**THE PLACE
TO LEARN AND
HAVE FUN**

Price: 80\$ Per Week

Who? Enrolling 3-5 Year olds
Hours of Operation? 7am to 3pm

For an enrollment packet email Director
Melanie Longstaff at
Melanie.Smith@OCPS.NET

For Questions Call/Text 859-466-8645

Freedom Friends is looking for more friends this school year.

Freedom Friends is an inhouse Preschool program here at FHS - proudly serving the children of our staff and community.

The program is open to children ages 3 to 5 years old and must be potty trained. The weekly tuition is \$80, and is open M-F from 7am until 3pm.

For more information and to enroll today, contact the Director/Early Childhood Education Teacher Mrs. Melanie Longstaff at

Melanie.Smith@ocps.net.



GET INVOLVED!

Join our Student Advisory Committee.
Next Meeting is Oct. 23rd at 6pm

Click the image below to learn more about Partnering with FHS



**Partners
IN EDUCATION**



Patriots, I am so thankful for such a dedicated group of students, staff, and community members who make our school one of the best in OCPS. Being able to celebrate your success is one of the highlights of being your proud Principal.

Homecoming was an incredible success, and it was great to see everyone celebrating our school and our Patriot Pride all week long. From the spirit day outfits, to the Powderpuff Football Game and Coronation, the HoCo Club Takeover, and the Gothic Mansion Homecoming Dance - it truly was a special week. I am grateful for the Student Leaders in SGA and our Advisors who worked tirelessly to make this week special for Freedom High School.

Keeping our campus safe is my number one priority and it takes the effort of everyone on our campus, but I want to share a special thank you to our SROs Deputy Truong and Deputy Rivera for their dedication to keeping Freedom safe. Deputy Truong received recognition from the Orange County Sheriffs Office as Deputy of the Month for the Youth Services department. This is a well-deserved acknowledgement, and we are proud of the work he and Deputy Rivera do for the Freedom High School community.

Thank you for a great week Patriots!

Charles France

Principal, Freedom High School

WE ARE FREEDOM



**HONOR
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UPCOMING EVENTS

No School Oct. 16th

School will be closed on Monday, Oct. 16th for the Teacher Workday/Student Holiday

**16
OCT**

Emerging Bilingual Family Academy

Join us in the Media Center for our next MPLC Emerging Bilingual Family Academy session from 5pm-7pm. Families will learn how academic decisions today can impact plans after high school.

**18
OCT**

OCPS College & Career Fair

The OCPS Parent Academy will host a college fair at FHS for all OCPS Students and Families from 10am-2pm. The event will feature various educational, technical, and military options available to students. Register at: <https://registration.socio.events/e/collegefair2023>

**21
OCT**

SAC Meeting

Join us in the Media Center for our next SAC Meeting of the 23-24 School Year. SAC meets at 6pm.

**23
OCT**

No School Oct. 27th

School will be closed on Friday, October 27th, for Teacher Professional Day.

**27
OCT**



407-816-5600



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RUMORS

BY BY NEIL SIMON

DIRECTED BY SARA SKINNER-PROBST

OCTOBER 19-21, 2023 @ 7:00PM

TICKETS ARE \$10 AT WWW.FHSBOXOFFICE.COM



MEET OUR INSTRUCTIONAL COACHES

Aimee Henselmeier

Instructional Coach | Email: Aimee.Henselmeier@ocps.net



Q: What inspires you?

A: I'm inspired when I see educators constantly finding ways to better their practices, no matter their years of teaching experience. When we are forever learners, we are able to put forth our best self to support our student's academic achievement.

Q: What makes a 'good day' at school?

A: It's a great day at school when you are able to help a fellow Patriot or a student in need out. I feel my best after a day at school if my actions have positively impacted someone that day.

Cody Abicht

Instructional Coach | Email: Cody.Abicht@ocps.net



Q: How do you show your school spirit?

A: I participate as much as possible in school events and spirit dress up days to show school spirit. I love coming out to support the kids and their activities. Seeing them have fun with their clubs, events, sports, etc. brings a lot of positive energy to our school environment, culture, and atmosphere.

Q: What's the best thing about being a teacher?

A: The best things about being a teacher is being able to help the students, and teachers learn and grow. Sometimes we are learning together and working towards a common goal. Reaching our goals, no matter what size brings a smile to my face. Students make small accomplishments every day and it's a great thing to experience their forward progress and be a part of their success in any way possible.



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[OCPS_FreedomHS](https://www.instagram.com/OCPS_FreedomHS)



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NOTABLE ACHIEVEMENTS

Congratulations to School Resource Officer (SRO) Deputy Dat Truong who was recognized as the Orange County Sheriff's Office Youth Services Deputy of the Month. Deputy Truong is passionate about serving our school and keeping our students, staff, and community safe. We appreciate his dedication to Freedom High School, and congratulate him on this special recognition.



Freedom Alum and Current Mizzou Senior Golfer Emily Staples sank in a hole-in-one at the Evie Odom Invitational in Virginia Beach, VA. Emily recorded the incredible shot on the 181-yard 15th hole at the Princess Anne Country Club. She finished the event tied for second on the team, and will be back in action on October 23rd when the Tigers compete at the Southern in Savannah, GA.

Congratulations to Freedom Diver Jack Sparks who took first place in last Wednesday's Metro East Conference Diving Meet. This is his third straight Metro Championship. Jack's story took him from competitive gymnastics to the diving board, and he has demonstrated a commitment to excellence in his preparation and development every step of the way. He finished as State Runner Up in Diving last season, and has his sights set on winning the State Championship. His next event is the FHSAA District Diving Meet on October 25th.





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STUDENT LIFE AT FHS

FREEDOM HIGH SCHOOL'S ANNUAL

Talent Show



Have a Talent you'd like to showcase? Audition using the link below!

<https://tinyurl.com/FHSTalentAudit2324>

AUDITIONS OPEN!

November 15th

**SCHOOL SPIRIT
SHOWDOWN**

CYPRESS CREEK VS FREEDOM

10/13

ON FRIDAY THE 13TH,
EVERYONE IS WELCOME TO...

**BSU'S
BLACK
BBQ**

PLATE PRICE:
\$8

After school at the Breezeway
4-6pm

WINTER SPORTS BEGIN IN OCTOBER

Boys Basketball
Head Coach Todd O'Neal
Email: John.Oneal@ocps.net

Competition Cheer
Head Coach Sara Graham
Email: Sara.Graham@ocps.net

Boys Soccer
Head Coach Juan Baquero
Email: Juan.Baquero@ocps.net

Wrestling (Boys/Girls)
Head Coach David Bush
Email: David.Bush@ocps.net

Girls Basketball
Head Coach Rob Caraballo
Email: Robert.Caraballo@ocps.net

Girls Weightlifting
Head Coach Kristy Kline
Email: Kristy.Kline@ocps.net

Girls Soccer
Head Coach Melanie Longstaff
Email: Melanie.Smith@ocps.net

Special Olympics Basketball
Head Coach Susan Scheuer
Email: Susan.Scheuer@ocps.net



THIS WEEK IN SPORTS

- 10.13 | Football vs Lake Nona | Kickoff at 7pm
- 10.14 | Cross Country at Lake Minneola | 8am
- 10.17-10.19 | Girls Volleyball District Tournament | TBD
- 10.18 | Bowling vs Oak Ridge/CCHS/Ocoee/Boone @ Sky Lanes | 3pm
- 10.18 | JV Football vs Boone | 6pm
- 10.20 | Football at Olympia | Kickoff at 7pm
- 10.21 | Cross Country Freedom Invitational | 8am

Fall Sports @ FHS

- Football
- Girls Volleyball
- Cross Country
- Swimming and Diving
- Cheerleading
- Bowling
- Golf

Athletic Director
Robert Rego
Email: Robert.Rego@ocps.net



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BE A PART OF THE ACTION.



BOYS SOCCER TRYOUTS

OCT 16TH - OCT 20TH

MEET AT LOCKER AT 2:45PM | TRYOUTS BEGIN 3:15PM
BRING CLEATS, SHIN GUARDS, WHITE SHIRT, AND NAVY/BLACK SHIRT

Email Coach Baquero at Juan.Baquero@ocps.net or Coach Singer at Dana.Singer@ocps.net for more info

GIRLS SOCCER TRYOUTS

WEDNESDAY, OCTOBER 18TH | 3:30-6:00PM | PRACTICE FIELDS
THURSDAY, OCTOBER 19TH | 3:30-5:45PM | PRACTICE FIELDS

Email Coach Mel Longstaff at Melanie.Smith@ocps.net For More Information

WRESTLING BOYS & GIRLS

TRYOUTS BEGIN OCT. 30TH | 2:20-4:00PM

FOR MORE INFORMATION EMAIL DAVID.BUSH@OCPS.NET



GIRLS BASKETBALL Tryouts

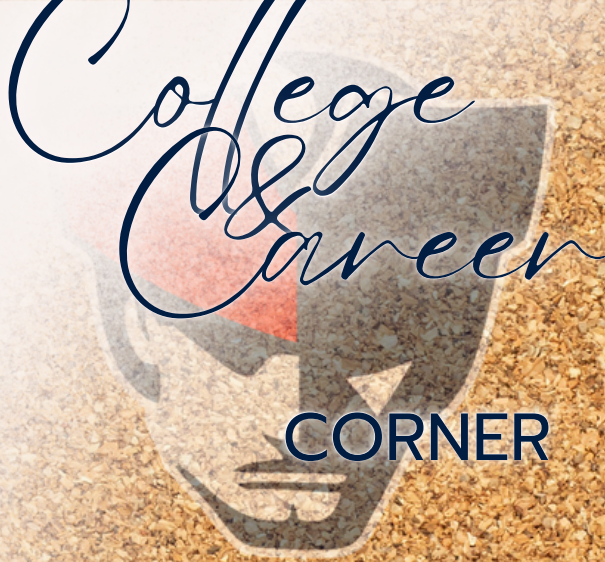
OCTOBER 30TH-31ST
5:30-7:45PM

FOR MORE INFORMATION:
EMAIL ROBERT.CARABALLO@OCPS.NET OR
SIGN UP AT TINYURL.COM/FREEDOMGBB2023

FREEDOM BOYS BASKETBALL TRYOUTS

OCTOBER 30TH-31ST | 2:30-5:30

EMAIL JOHN.ONEAL@OCPS.NET FOR MORE INFORMATION
SIGN UP AT TINYURL.COM/FREEDOMBASKETBALL2023



College Applications Deadlines

Four Year College Applications

**Florida State University (FSU)
DUE: 10/15/2023**

Most other four year college applications DUE: 11/1/2023

Valencia College Application Workshop 10/24/2023

Seniors only

Not intended for Valencia Dual Enrollment students

3rd Period: Information session

4th Period: Application Workshop

Registration required for each period:

<https://tinyurl.com/CollegeRepPres>

**Senior Meetings
Happening Now!**
DUAL ENROLLMENT STUDENTS
CAN MEET IN ROOM 802 FOR
FFAA & FAFSA ON 10/30/2023 OR
10/31/2023 AND EMAIL THEIR
COUNSELOR FOR A
MEETING TIME

FAFSA Information

Application opens in December

Workshops will be available in December for students and parents. For more information:

<https://studentaid.gov/h/apply-for-aid/fafsa>

CLASSROOM SPOTLIGHT



Our very own FHS Guitar Orchestra virtually participated and recorded Toto's "AFRICA" with 6 other high Schools in the Southeast. Freedom was the only high school in Florida to be a part of this prestigious project. Through this virtual performance, the Guitar Orchestra's contribution is one of over 40 videos presented by the Virtual Guitar Orchestra Project. We are very proud of our musical Patriots. Please click the provided link and enjoy our contributed performance of "AFRICA".

Watch the performance here: [AFRICA: Virtual Guitar Orchestra Project](#)



FALL GUITAR CONCERT

All are invited to enjoy an evening of guitar performances. The Freedom High School Guitar Program will host it's Fall Guitar Concert on Tuesday, October 24, 2023 at 7:00pm in the FHS Performing Arts Center. This event will be free and open to the public.

Our three FHS Guitar Ensembles – "Ponticello", "Tasto" and "Guitar Orchestra" will perform a variety of music through different time periods, from Bach to Rock! We look forward to you joining us and enjoy a wonderfully musical evening!

Please contact Mr. Perez for more information at Christopher.Perez@ocps.net

CELEBRATING HISPANIC HERITAGE



Latinos in Action (LIA) hosted a Hispanic Heritage Door Decorating Contest as part of their celebration week. The winning staff member received an Amazon Giftcard and some special treats. Congratulations to Ms. Wanda Rivera for her winning 'Encanto' themed door, and a special thank you to all the teachers who participated in this fun and creative challenge.



Congratulations to our Hispanic Heritage Week Competition winners. Our winners received a special gift bag including gift cards donated by our Partner in Education Rosaura Garcia of Keller Williams.



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THE FREEDOM 4-1-1

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**Full-Day
Conference**

Trade School

University

FLU VACCINATIONS AT FHS 10/18

Health Hero Florida will once again offer on-site flu vaccinations at your student's school. Flu clinics will be offered at each school location during school hours. Health Hero Florida flu vaccination clinics are completely voluntary and are offered to ALL consented students, regardless of their insurance coverage. Click the image below for more information and to access consent forms.

FLU VACCINATION CLINIC EVENTS

AT ALL SCHOOLS STARTING

OCTOBER 12, 2023

[CLICK HERE FOR DETAILS](#)

OCPS College and Career Fair

Saturday,

October 21, 2023

10:00 a.m. – 2:00 p.m.

Freedom High School



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